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## **Restricted Medications for Allergy Skin Testing**

### **Background:**

Allergy skin testing is a fast, safe and reliable way of identifying allergic sensitivities to allergens (e.g., pollens, molds, dust mites and animal danders, insect stings, antibiotics and foods). Allergy test results help tell which allergens you should avoid, which is the first and most important step in treating your allergic disorder.

### **Instructions:**

Wear a shirt or blouse that can be easily removed. Prick skin testing is performed using the Multitest device applied to the back.

Certain medications, particularly antihistamines, can interfere with allergy testing. For this reason, any medication(s) containing antihistamines must be stopped three (3) days prior to your appointment, to enable testing if recommended by Dr. Agrawal. This includes all prescription and over-the-counter allergy, cough and cold medications.

If you have a medical condition or severe allergic symptoms that could worsen without medications, please consult us prior to stopping these medications. If you have forgotten to stop these medications by the specified time, please call our office to determine whether or not you need to reschedule your allergy testing appointment.

**Please call our office at (678) 400-6650 with any questions.**

Freedom Allergy Team

**DISCONTINUE 3 DAYS PRIOR TO SKIN TESTING:**

<b>Cetirizine (Zyrtec)</b> Desloratadine (Clarinex) Fexofenadine (Allegra) Hydroxyzine (Atarax, Vistaril) Levocetirizine (Xyzal) Loratadine (Claritin, Alavert)	<b>Cyproheptadine (Periactin)</b> Amitriptyline (Elavil)* Clomipramine (Anafranil)* Desipramine (Norpramin)* Doxepin (Sinequan, Adapin) Nortriptyline (Pamelor, Aventyl)*	<b>Imipramine (Tofranil)*</b> Chlorpromazine (Thorazine)* Thioridazine (Mellaril)* Thiothixene (Navane)* Trifluoperazine (Stelazine)*
<b>Chlorpheniramine</b> many prescription & OTC brands, including: Ahchew Chlor-Trimeton DAllergy Deconamine Durahist Extendryl Histavent Omnihist Rescon Rynatan Triaminic Cold & Allergy Triaminic Multi-Symptom	<b>Diphenhydramine</b> many OTC brands, including: Advil Cold & Sinus Benadryl Nytol Sominex Tylenol PM Tylenol Cold & Sinus Triaminic Night Time Cold & Cough	<b>Anihistamine Nasal Sprays</b> Astelin Astepro Dymista Patanase NOTE: all other nasal sprays are OK
<b>Antihistamine Eye Drops:</b> Alomide Livostin Optivar Pataday Patano	<b>Certain Medications for Motion Sickness / Nausea</b> Compazine Dramamine Meclizine (Antivert) Phenergan (Promethazine)	<b>Stomach Medications</b> Pepcid Tagament Zantac
<b>Brompheniramine</b> Bromfed Dimetapp	<b>Tripelennamine</b> Actifed PBZ	

\* IF YOU ARE TAKING A STARRED MEDICATION, PLEASE CONSULT WITH THE PRESCRIBING PHYSICIAN TO DETERMINE IF IT IS SAFE TO DISCONTINUE

**YOU MAY CONTINUE TO TAKE  
THE FOLLOWING MEDICATIONS:**

<b>Medications for Asthma</b> Including: Advair Flovent Pulmicort Qvar Asmanex Singulair Zyflo	<b>Topical cortisone nasal sprays</b> Including: Flonase Nasonex Nasacort Rhinocort Veramyst
<b>Medications for acid reflux, high blood pressure and other chronic medical conditions.</b>	

CONTINUE TAKING ALL OTHER MEDICATIONS as prescribed.

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